



## „Face Censorship by Seriousness and Creativity“

### **The INF President Ivo backs on discussions about the censorship efforts of social networks.**

“We should do one thing but not omit to do the other thing.” This shows the present combative attitude of the President of the International Naturist Federation (INF), Sieglinde IVO, during the discussions about the censorship efforts of the social networks towards friends of Naturism worldwide. On the one hand the naturists should raise their voice, when their own philosophy of life is being faced by sexualisation. On the other hand the naturists should endeavour to encounter Facebook, Instagram and Google Plus, who increasingly are censoring naturist photographs, by seriousness and creativity, thinks Austrian Ivo.

Fact is that pictures of naked bodies are being censored. For the naturist clubs and federations it should be their duty, yet to also visually show the pleasure of being nude. Sieglinde Ivo, also being President of the Austrian Naturist Federation, encourages like-minded people to accept the artistic challenge. Being nude may be indicated by various photographic tricks. If in a close-up a bikini is hanging on a fence or lies in the sand, and in distance a nude female body can be seen blurred, the message is more than clear.

**“ It does not make sense to complain about the prudery in the social networks. Our position surely must be made clear, but it is now that we are required to outline alternatives”**

formulates the INF President Ivo. Sieglinde Ivo has to make a lot of persuasion in her own ranks. On the various continents more than 400 000 members are united in the INF, coming from totally different naturist traditions. Whereas in Germany the “Deutscher Verband für Freikörperkultur e.V. – DFK” (i.e. the German Naturist Federation) is a mass sports association, the Spanish Naturists are keen to preserve their fundamental right of nudity in their Constitution.

Naturists should strive to be perceived as respectable people in the public, feels INF President Ivo. This shows, among other things, that photographs of nude persons meet artistic standards, albeit minimal. Discretion and shame are terms, which naturists should definitely deal with, when designing websites and publications.

In the countless nations and federations with the different conceptions for nudity and for the social values, this of course leads to differences in the presentations. Naturists would surely make a considerable contribution to the social discourse, if they would take a position about the nudity in public, says Sieglinde Ivo.

For anyone showing himself nude in everyday life in the naturist sense, sexualisation is more than very far away. Among naturists nudity, in spite of the social developments, is male and female. Nudity is a phenomenon, which crosses all generations, but does not run after any ideals. Discretion and shame are the guarantors that for naturists it is never about scandalization, but about naturalness and nakedness in everyday life, says INF President Ivo.

Christoph Müller

## Dear INF Members

It happened recently that a foreign person used our INF E-Mail address ([naturism@inf-fni.org](mailto:naturism@inf-fni.org)) to distribute « Spam » Mail in our name. If you should receive such doubtful mail, check the sender identity by moving the mouse cursor over the e-mail address. If a different E-Mail address appears, it is « Spam ».

Send us a copy and delete this mail immediately. (See example dated 18th August 2015)

## 3<sup>rd</sup> Meco Beach International Nudist League

The 3<sup>rd</sup> Meco Beach International Nudist League edition will take place on 19th September. This league is organized by a non naturist runner and almost 90% runners are non naturist. This event has a great impact in social networks and media in Portugal and several sponsors, naturist and non naturist.

Newspapers, TV and radios usually publish news about this event, allowing us to seed a spread the naturist philosophy.

Last year we had a Brazilian female runner, she came to Portugal only to run, and she has already confirmed her participation this year.

Last year a national Brazilian TV made an interview with her at the Meco beach and published it in Brazil.

For 2015 the organization is expecting more runners, sponsors and public.

The league will be followed by a traditional skinny deep dip in Meco waters.

**The Portuguese Federation invites all naked runners to join us in the 3<sup>rd</sup> Meco League.**

## Hotel naturist meeting

CNC - Clube Naturist do Centro will host a naturist meeting in the Piodão Hotel.

From 27th to 29th of November naturists will find an amazing neighbourhood like Piodão village, Foz de Egua, and Fraga da Pena to visit.

The hotel swimming pool will be open in naturism environment Saturday all day and Sunday morning.

The 60 Euro per person in double room include 2 nights with breakfast, Saturday lunch and diner. (Friday diner and Sunday lunch are not included) Single room available for 90 Euro per person.

If you plan to visit Portugal this is an amazing opportunity to visit a beautiful region in our country.



## 3<sup>rd</sup> Meco Beach International Nudist League

19th September 2015

10:00 a.m

Go running as you came into the world

Regulations and Information



Légua Nudista

Registration at

legua.nudista@gmail.com

Sponsored by



Foto: Cláudio Soares

## Portugal legalized the 8<sup>th</sup> naturist beach



Since last June we have a new official naturist beach in our country.

After several meetings with Almada council staff and tourism office the Portuguese Federation formally requested Adiça Beach legalization. In less than 4 months Almada Council finished the process and approved it.

If you plan to visit Lisbon you can find 3 official naturist beaches and 2 optional clothing beaches, between 20 minutes to one hour by car from city centre and all of them reachable by public transport.



Near the Alps, at 25 km from the center of Turin, 20 minutes from the airport Caselle. Caravans, plots for Recreation Vehicles and tents, completely equipped bungalows, caravans with chalet. Pool, solarium, jacuzzi and sauna. Clubhouse restaurant, petanque, mini-tennis, table tennis, Volleyball. Mountain bike circuits and trails in the Park Mandria

**Sights:** Venaria Royal Palace and Park, St. Michele Abbey, Rivoli Castle, Mole Antonelliana, Egyptian Museum, Piazza S. Carlo, Basilica of Superga.

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# Nordic Walking for Naturists

Sometimes a project may face delays by all sorts of troubles. This of course is also valid for nude projects. All the more it is gratifying when at the end it was successful.

I do not want to write about the difficulties I had about a year ago, which could easily have brought the project to fail. It even was stated in press. I wish to mention this beforehand, so it will be clear that many a thing is not that easy as it appears, when only the final result is seen.

But here the issue:

It is about a publication, which Johanna Lundqvist and Hans Lundström are promoting under the title „Nordic Walking - Stavgång‘ for Naturists“.

‘Nordic Walking / Stavgång‘ actually is double use, but due to the fact that, what is understood in our country as “Nordic Walking”, is called in the North (here Sweden) “Stavgång” („Rod Walk“ or „Walking with Rods“).

And to make clear to all, how “för naturister” (for naturists) must be understood in the title, I want to state the Title page of the 85 page long publicity text:

## NORDIC WALKING/STAVGÅNG FÖR NATURISTER



Johanna Lundkvist & Hans Lundström  
FÖRENINGARNA UMENATURIST  
& NAT-Y-RISTEN

and give some more details in order to be complete:

Title: Nordic Walking-Stavgång för naturister

Authors: Johanna Lundqvist und Hans Lundström

Published on: 10th April 2015

ISBN: 9789163779053, Editor: Vulkanmedia.se

Soft-Cover, ca. 149-186 SKR

By the way, Hans Lundström is not only the author and the driving force behind the project, but also the President of “Nat-Y-Risten”. This is one of the naturist associations being member of the Swedish Naturist Federation, the „Sveriges Naturistförbund (SNF)“ in the INF.

In the website of “Nat-Y-Risten” there are reports on Nordic Walking – Training in the park of a castle <http://www.nat-y-risten.org/docs/castle.pdf>

and on works for a TV – movie:

<http://www.nat-y-risten.org/docs/movie.pdf>

Also interesting here:

There is a link between Hans Lundström and “Orpid Darmstadt”. This is also indirectly visible: The “Nat-Y-Risten” give a link to the DFK (Deutscher Verband für Freikörperkultur e.V.), rather unusual for Swedish naturist clubs, but in this case not a coincidence.

At this point I would like to give a hint to the International Naked Run, which took place during the “Rosenfelder Strand” (Germany) on 1st August 2015. Many a person does not know that in addition to this run there is a tradition to add an event called “quick walk”.

Here rods are being used:

I surely know this, as I had participated there a few years ago. If in addition you consider that barely one week ago there was, among others, a report about a nude hike in French TV channels, where participants were walking with sticks, the question arises: Sweden – Germany – France: What can we learn from that? The answer:

“Nordic Walking for Naturists” is coming.

Source: Streiflichter Nr. 252 / Regenmacher

## Info Focus December

Deadline to remit articles: 20. November 2015

Release of Focus latest: 05. Dezember 2015