



## The true Wealth

By Albert Lecocq. Excerpt of the editorial of the magazine  
"La Vie au Soleil", edition 2, 1949

By what aberration of common sense have we arrived at this stage of current life! Men are running after a caricature of happiness. All notions are distorted. All is artifice. We try to extract tiny plots of joy from false clichés. Our existence has become extremely complex and without any logic.

We got lost in a side road that leads nowhere, and if we persist in remaining on this path, we chase after our own destruction.

Just ask anyone: "Which goals are you pursuing?", and the reply always is the same: earn a lot of money, to ensure more luxury and better comfort. The conception of existence of the civilian has become a pure sight of the mind.

Achieving our goals, often the consecration to a lifetime full of efforts, only creates satisfactions of pride, an impression of security, of which we do not always suspect any precariousness - but not true happiness.

Moreover, in this cruel game, we will lose our youth and health; by intensively concentrating on all our individual possibilities in our pursuit of fortune, power and honours, we will have forgotten the most elementary notion of ourselves.

We are guilty of having collaborated in this collective conformism, guilty of the obligations we have imposed to those depending on us, guilty towards our descendants to whom we have imposed the same principles, instead of trying to free them.

The one who greatly benefits from his acquired assets, commits the same mistakes, because he impairs his life by his excesses and the accentuation of his imbalance.

Other people, in their physical decline, find a cerebral counterpart in the escape of their thoughts.

**Nude in front of their conscience, how many may recognize themselves as being perfectly happy?**

Modern man has found his most powerful levers of action in his vices. To satisfy his boundless pride, his insatiable greediness, his immodesty and his lust, his desire to possess, he needs more and more money. The currency sign is king. It opens all doors, provides all the pleasures, suppresses the limits of our power of enslavement. It gives a provisional answer to desire, as desire has no limit, and as soon as it is satisfied, it reawakens, even more demanding.

It is in simple life that the wise finds happiness. By limiting his desires, being modest, developing the qualities of heart and mind, not oppressive, therefore not hated, he deeply possesses invaluable wealth, of which he does not fear that it will diminish or escape. One thing that persons tend to overlook more and more, is the fact that they need very little to live on, even under the present circumstances, little work to execute to make sure to have what is needed. It is the unnecessary research that turns him into a slave. It is his desire for a complicated and useless possession, his eagerness to appear, to parade and to impose himself, it is his madness to want to force things, the people, the events, which are the source of all these mishaps, disgust for life, notion of one's own uselessness, miserable state of his psyche, ruin of his physiological resources, attack on one's longevity.

Ecce homo! Is this the happiness, this distressing discovery, at the occasion of an awareness, of a wasted, lost life, without employment?

That's why many people multiply useless gestures and words, absurd occupations,

to hide their deep feelings of distress, of loneliness, of fear in the cosmic drama, in which they have remained unprepared.

How many narcotics can be discovered in their behaviours: refusing to think, self-hypnotism, the willingness to selfish achievements. What a small-minded attitude in our concerns!

Sure, there have always been elite beings who have escaped the harmful atmosphere. There have been wise people, happy people. Some have left their golden words that have resisted through the ages. Other people will remain unknown forever. Most of them have gone through strong suffering before taking possession of themselves. All of them have found the truth in simple life, in the detachment of material goods, in their liberation from human sophistication, in reproaching nature and submitting to its laws.

A whole reform program is offered to the naturist. The pitiful demands of a civilization, too often inhumane in its practical form, do not allow men to completely surrender and make it very difficult to be able to place themselves on the edge of the community, from which they are socially and economically depending.

The problem that arises is all the more difficult to solve as this reform requires to be executed on two levels: individual and collective.

It is not an easy task to conceive a perfect society if it is consisting of corrupted and defective individuals. On the other hand, it

seems to take a long time to wait for results of individual improvements, especially in unfavourable circumstances.

Consequently, if naturism is brought to revise most of the values on which the whole structure is based, it is necessary that everyone has to be an example, by adopting the rules of natural life and to join those who set the foundations of a collective model, which contains nothing being contrary to the laws of nature.

## Happiness is in oneself.

Our philosophical education must partly be our work and the fruit of our own experiences, the result of our meditations. Let's not look for definitive stabilities neither inside nor outside of us, and let's not adopt rigid systems.

Human being and the world are in constant evolution.

## Events September

**18.09. - 26.09. 2020**

**South European Family Meeting**

**El Portús - Cartagena - Murcia (Spanien)**

Organised by FEN,

Contact: [fen@naturismo.org](mailto:fen@naturismo.org)

Info: <https://naturismo.org/2020/02/portus-2020/>



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# Club Gymnique de France

Since 1930 the "Club Gymnique de France" is located at Villecresnes.

The celebration for the 90th anniversary of CGF planned in June 2020 has been postponed to 2021. Meantime, you may find here some pictures and a brief history of this naturist adventure that started in 1930.

**In 1930** Jacques Bourceret acquires 11 hectares of wood located at 1 km from Villecresnes (Hauts de Seine), about 20 km from Paris. There he will set up the Club Gymnique de France, an association according to the Law of 1901, registered on **4th April**; its object: the perfect development of men through integral hygiene and his preservation of physical, intellectual and moral health." Parallely, he created on **12th April 1930** the "Société anonyme des Terrains Agricoles et Boisés". The STAB will be the owner of the trees, the ground and the buildings that will be constructed here. This park is rented to the club members. Men, women and children will practice integral nudity here. The first members were campers. What remains on the site are only rails, a small railway carriage and the shelter for the woodcutters.

**In February 1931** the founder continues his purchases, a farmhouse that will provide a drinking water point, a kitchen garden and an access to the "Rue du Bois d'Auteuil", later in February **1932** a barn and further other plots of land in 1933 and 1939, in 1947 he purchases the plot for the future "Village Swiss".

The cottage "Phébus" was built during the three first years. You could stay there all



year round, get together for meals and other activities. It accidentally burned in 1952.

A basketball court was installed nearby. The members started with the digging for the first pool of 20 x 6 m in 1932. The water source, which supplied it, dried up around 1959. The new 25 x 8 m swimming pool was inaugurated in 1962.

**March 1934:** inauguration of the "palancha pediment" (Basque Pelota), which the founder from the Basque country wished to be discovered. Followed by a volley-ball court, a bowling alley and the first tennis court. In **1935** Albert and Christiane Lecocq became members of the CGF. Club members, friends of the pioneer and former members of the Sparta Club actively participated in the development of the naturist movement, recognized as public utility by Minister Léo Lagrange by 1936. During WW2 about forty people visited the club.



The archives and the documents of the club were destroyed; **in February 1945** a new declaration of establishment of the association was made, now located in the Bois d'Auteuil. **In January 1946** the CGF was recognized as public utility by the Ministry of National Education.

**In 1953** the club joined the FFN, which had been founded in 1951.

The club continued its development, year after year, by word of mouth, some press articles and advertising. Sports and recreational activities diversified, each under control of a responsible person. The club has won the FFN "Île de France" Cortey tournament and sports events of the INF-FNI, whilst continuously looking after the park.

In **1980** the CFG celebrated its 50th anniversary and the FFN its 30th anniversary during the 24th Congress at Villecresnes.

In the **year 2000**: for its 70th anniversary the members were dressed in historical costumes, namely for the sports events on the three tennis courts. The sauna, the sports hall and the Petanque attracted new members. Artists presented their works; the members have talent.

The activities were diversified, people were dancing, playing theatre, operettas, and participated in grape harvests. Festivities follow the seasons with shared meals. Other clubs, with or without a site, were welcomed and some foreign naturists stayed during summer.

Yesterday as today, festive events happen according to the naturist seasons. The summer solstice remains a privileged moment with the fire of Saint John.



## Info Focus October

Deadline to remit articles: 20<sup>th</sup> September  
Release of Focus latest: 05<sup>th</sup> October

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