



1, 2, 3, walk naked
and feel free !

9th August 2014
**5th International
Naturist Run**
at Rosenfelder Strand

**FKK-Camping
Ostsee**
Rosenfelder Strand

Patron

Sieglinde Ivo
(President of the INF)



Charity run

for the DLRG based at «Rosenfelder Strand»
and
the volunteer fire-fighters from Grube



Race: 5000 and 10000 meters
Walking - Nordic Walking 5000 meters



Registration documents under: www.dfk.org

(Registration form on page 2)



- The 5th International Naturist Run is part of the event program of « Mee(h)r erleben 2014».
- Competitors not participating to the « Mee(h)r erleben 2014 » event are also warmly welcome.
 - Participants arriving as one day visitors on Saturday don't pay an entrance fee for their stay on the grounds during that day.
 - Participants arriving especially for this run and wanting to stay some nights pay a flat rate for their stay (From Friday to Sunday: 15.00€ for a tent and 30.00€ for a caravan or camping-car)
- Registration fee for the run is: 10.00€.
- The 5th International Naturist Run is a charity run. The beneficiaries are the DLRG (Lifesaving Society) based at «Rosenfelder Strand» and volunteer fire-fighters from Grube village at equal parts.
- The casual or ambitious runners are targeted and should be concerned if they want to run naked with equally minded people.
- It's a mandatory naked run, no exceptions allowed. Only running shoes and socks, a hat or a sport type bra for women are allowed.
- With participation in the naturist race, the runner accepts disclaimer for both organizer and organization for injury or damage that may occur. He undertakes to refrain from any claim against both organizer and to the organization in case of damage or injury occurring during the run.
- The runner hereby declares to be healthy and in a state of sufficient training. The organizer reserves the right to exclude individual runners from the race for preventive health reasons.
- The runner agrees with pictures / films shootings by duly authorized persons. Shooting may be accepted for publication by the organizer after reasonable inspection.

Registration:



Fill out and sign the registration



Return registration form by postal way, E-Mail or Fax to:

DFK-Geschäftsstelle E-mail: dfk@dfk.org
Ferdinand-Wilhelm-Fricke-Weg 10 Fax: +49 (0)511-12685515
30169 Hannover
Deadline for registration : 12th July 2014



Late registrations are possible during the event week of « Mee(h)r erleben 2014 » until Friday, 11 o'clock and for those arriving on Saturday just before distribution of the start numbers



Registration fee for the run can be paid during the week of « Mee(h)r erleben 2014 » but not later than at racing day (09.08.2014 / 10:00-11:00 hrs) (Check information panel)



5th International Naturist Run : 9th August 2014
Start at 13:45 hrs

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Registration for the 5th International Naturist Run - 09.08.2014 at « Rosenfelder Strand » (FKK)

Last name: **Year of birth:**

First name: **Sex:** Woman Man

Address:
 Street / N°. ZIP Code / City Country

E-mail: **Club/ Federation:**

Phone: 10.000 meters - run 5.000 meters - Nordic Walking

Routes: 5.000 meters - run 5.000 meters - Walking

Remark concerning the person (Ex: Super-runner; National champion asso.):

By my signature, I certify having familiarized with the naturist race participation conditions and I accept them.
 (Please complete this entry completely and legibly)

Date: **Signature (From the runner or tutor):**