



„A Visit to Andalusia“

The airport in Málaga is large and modern. There are many flights from all over Europe which makes it both an easy and affordable destination. From Málaga it is about a half hour drive to Almanat. You can take a taxi or rent a car but it is also possible to use the bus.

While it is called a “camping”, Almanat is much more than that. You can rent bungalows; swim in an indoor heated pool or an outdoor pool; enjoy a sauna or spa treatment; shop at the small onsite grocery store; and enjoy tapas or a full meal in the restaurant. I found the food to be very good and the prices very reasonable compared to France, Germany or the UK. But best of all, the restaurant was located right on the beach making it one of the best places to be at sunset.

There are also a number of activities available. I saw facilities for mini-golf, volleyball, football, lawn bowling, ping-pong, and volleyball. For those with children, there is a playground and, in the summer, a kid’s club.

Almanat’s beach location is one of its best features. A swim in the ocean is only a few steps away and clothing is never needed. Nudity is allowed on all beaches in Spain but the beach at Almanat is a bit more secluded and frequented almost exclusively by people who prefer to be clothes-free.

The general facilities were about as good as I’ve seen. Everything was clean and in a perfect condition. I was actually amazed by the toilet and shower building. It is a solid masonry construction with skylights to let the sunshine in. All surfaces are covered in white ceramic tile that were always impeccably clean. The only part I found odd were the showers. There were dozens of them and each one was in a lockable, private booth. Not only did that provide an unusual level of concealment for a naturist campground, but it did not allow me to shower outdoors. Of course, there was a shower in my bungalow but I normally prefer to see the sky and feel the breeze when I shower in the morning.

While Almanat is a worthwhile destination in itself, there are many things to do in the area. You can visit Gibraltar; the British territory that for centuries has controlled the access between the Atlantic and the Mediterranean. At that point, the sea is so narrow that you can easily see

Africa. Or you go to the old city of Granada at the foot of the Sierra Nevada mountains. It is home to the Alhambra, a stunning palace and fortress built about a thousand years ago when Muslims ruled the south of Spain. I’m sure, there were many more things to see.

For anyone who wants more information, visit Almanat’s website at www.almanat.es/en/



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„Nude up hill and down dale: The Nude Hikers“

Stake naked – Roshan Adhihetty, a young photographer from Solothurn had to strip off all his clothes for his dissertation. His idea: take pictures of nude hikers. Now his pictures series “The nude Hikers” appears as a book and there is an exhibition.

It is clear: this hiking book brings little joy to the hiking guru Thomas Widmer. Is the naked body part of nature? No, Widmer wrote in the “Tages-Anzeiger” years ago. “Nude hiking is something very unnatural in its fanatic naturalness. Man is not born to go outdoors undressed, nettles scorch him, thorns scrape him, the ‘Biswind’ pecks his bladder.” (Strong wind blowing over the Swiss plateau and the Lake Geneva)

The 27-year old photographer Roshan Adhihetty from Solothurn sees the matter somewhat differently: “Contrary to the opinion of many people, for the naked hikers it is not about to provoke the public.” Also, the naturists are no crackpots, acting out of a sexual drive. “They are intelligent people. Very social and extremely friendly”, says Adhihetty in the “Blick an Abend” newspaper.

The photographer was also on the way – stake naked

Adhihetty knows what he is talking about: for his dissertation at the Lausanne Art School he accompanied nude hikers in Germany, Austria and Switzerland between 2014 and 2016 - namely all naked. “It would have been a bit strange if I had been the only one wearing clothes. I would have felt like a crackpot.”

Adhihetty explores the relationship between nudity and nature by non-excited and consciously composed pictures. The question remains: How does a young student get the idea to photograph old nude men when hiking? “During the summer holidays I happened to arrive at a naturist camp ground in Corsica. This led one thing to another.”

Now Adhihetty’s pictures appear as a book – and surely will lead to discussions. One of the picture out of this series already caused a stir some weeks ago: the Jury of the Swiss Photo Awards had decided in January to grant the Swiss Photo Award in the category ‘reports’ to Roshan Adhihetty for his picture of nude hikers at a lake. However, this decision had been changed at short notice a few weeks later, because the picture would have been revised too much.

Adhihetty had touched away a half-hidden, stooping person. The Jury still considers the works by

the photographer as being excellent, but it is unacceptable to eliminate persons out of the picture, without pointing it out. Adhihetty can understand the decision. However, he was not aware that such rules exist.

Prominent advocate from Austria

Anyhow: The book and the exhibition will heat up the discussions again about nude hiking in this country. And will not delight the hiking guru Widmer: “Nude hiking has that fatally universalistic, missionary treat: once it is released, it will continue to spread.”

The photographer Adhihetty has found a prominent advocate in the Austrian filmmaker Ulrich Seidl (“Im Keller”). He is not a nude hiker, Seidl writes in the preface of the book, but the pictures of the nude bodies do open “his eyes to a new, so far unknown world, and that is what I am looking for as a filmmaker, when I search to make films.”

by Bruno Bötschi, Editor
Source: www.bluewin.ch

Roshan Adhihetty «Die Nacktwanderer»

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With texts by Nadine Wietlisbach and Ulrich Seidl

<https://sturmanddrang.net/products/roshan-adhihetty-nacktwanderer>



„Naturism / nudism in India“

Although the naturist movement has been slowly catching on in the Western world, it is still considered illegal in India. Yet nudists have discovered certain spots on the Indian coastline. If caught baring it in public, you can be fined or punished for it. Yet nudists have discovered certain spots on the Indian coastline, which they frequent. As it were, India has a vast coastline and some of the best beaches in the world! It might surprise you that there are nude beaches in India, yet not everyone really knows about them. So if you have no problem baring it all in public, here are five places in India you can find like-minded people.

Paradise Beach, Gokarna

This nude beach is so hidden that you can only reach it by boat. Yet it's not just a matter of making up your mind and you will be on a boat ride headed here. You'll really need some first class convincing skills to have a boatman agree to bring you here. The reasons for the hesitation of the boatmen are the hippies who like to sunbathe while baring it all. If ever you managed to reach here, be sure to find one of the most beautiful beaches with clear blue water and soft sand.

Om Beach, Gokarna

Om Beach is named so because of its shape that looks like the Hindu symbol. It is the second nude beach in Gokarna. This beach is quite popular and has water sports activities as well. However, it is also known as a nude beach where you can go to get a suntan. You will spot people lying on the buff, completely cloth-less.

Agatti Island, Lakshadweep

This beach is mainly known as a topless beach but be sure to find a number of total nudists. The beach has an untouched beauty that's bound to take your breath away. It is complete with coconuts, palm trees, white sands, and coral reefs. If you are headed for a nude holiday here, you might require permission, so ensure you arrange for it.

Ozran Beach, Goa

For the smallest state in India, Goa has many hidden gems that a lot of people don't know about. One such hidden treasure is the Ozran Beach, which is also known for its hippie nude crowd. It's mostly thronged by foreigners, yet not easily accessible – you have to go over a hill to get here. Compared to the other beaches in Goa, it is relatively clean and more secluded. You can easily access it via Anjuna or Vagator.

Ozra Beach is one of the lesser known nude beaches in India, which is a little odd, when you consider that this is an amazing naturist beach. It is situated approximately 24 km (14.9 miles) from Panaji and is located near some pretty popular beaches in Goa, including Candolim, Calangute and Baga.

The beach is harder to get to than the more popular beaches. Every year there are many tourists visiting the beach to swim and sunbathe topless or nude. The naturist beach is exotic with swaying coconut trees and beautiful water.

Marari Beach, Kerala

If you are looking for beautiful backwaters, then come to Kerala. And not just that, it has a hidden nude beach too! You can relax and enjoy suntan on the sand in the buff on Marari Beach which is not just secluded but also appears untouched by the effects of pollution. This beach is so isolated that you cannot find many people around. Hence, you can go nude without raising eyebrows.

The beach is the perfect place to explore Kerala Backwaters. The beach is located in a small town called Mararikulam, about 60 km. from Cochin. There are several attractions near Marari Beach, including Kumarakon Bird Sanctuary and Kerala backwater channels. Marari Beach is beautiful, isolated beach with a long beautiful coastline, where you can plan a perfect holiday for unadulterated enjoyment.

Vagator Beach, Taluka

The beach is known for its red rocks and springs. The beach is exotic, beautiful and is located at the northernmost corner of Bardez Taluka, opposite the Chapora River. Vagator Beach is split into two main beaches. Vagator Beach is very popular among foreign tourists who come to watch the sunset surrounded by red rocks.

On Vagator Beach, you can find facilities for eating, entertainment and Full Resorts & bars.

Source: www.spotnaked.com



Events June

02.06. - 04.06. Opening, PL
Naturist Beach opening at LEBA
For further information, contact:
Michal Salata: michal.salata@leba.eu



04.06.2017 WORLD NATURIST DAY
Northern Hemisphere

09.06. - 11.06. NatCon, THA
International FKK Networking Event
For further information, contact:
www.thailandnaturist.com/natcon-registration/



15.06. - 18.06. Alpe Adria Meeting, CRO
For further information, contact:
Jean Peters: vicepresident@inf-fni.org



19.06. - 25.06. Sziki Events, HU
Camp of Art
Sziki meets Art and Artists
For further information, contact: info@natours.hu



Info Focus August

Deadline to remit articles: 20. July 2017
Release of Focus latest: 05. August 2017

Events July

03.07. - 09.07. British Nudefest, UK
Nudefest 2017, Langfort
Organised by BN British Naturism.
Further information: headoffice@bn.org.uk



07.07. - 10.07. Youth & Familymeeting, ENY Youth & Familymeeting, La Cassa, IT
Organised by FENAIT at Camp Le Betulle
Further information: info@lebetulle.org



08.07. Sziki Events, HU
Cooking Competition
Further information: info@natours.hu



10.07. - 16.07. Sziki Events, HU
XVIII. Young Naturist's Meeting
Further information: info@natours.hu



21.07. - 30.07. Mee(h)r erleben, DE
Familymeeting at Rosenfelder Strand
Organised by DFK. Further information:
www.meehrerleben.de, dfk@dfk.org



22.07. World Congress Reopening, AT



10.07. - 16.07. Sziki Events, HU
Welcome Party for Our Dutch Friends
Further information: info@natours.hu



24.07. - 30.07. Sziki Events, HU
XXIX. International Naturists Sportsweek
Further information: info@natours.hu



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„Hi! Here we are nude and call each other by first-name!“

Naturism at Sylt

At Sylt people like to lie all nude in the beach chair for generations. The most beautiful naturist beach ever is at Kampen. Once Romy Schneider said about it: “There is a naked bum in every wave”.

“Buhne 16” is a brand, since the bothers Uwe, Conrad and Dieter Behrens opened their beach bar with the same name in 1982, at three kilometres north of the main beach at Kampen. It remained the same, when the generation of sons, the cousins Sven and Tim, took over in 1999 and made a name for them at the surfers by the only Longboard-festival in Germany at the end of the season in September and by music events. The cousins can be characterised by four words: relaxed, chilling, open-minded, calm.

The place and the relaxed atmosphere of the beach section Buhne 16, which can be reached only by walking over a long planked path through the dunes, are also known by people, who never have been at Sylt yet. They still know about Kampen’s legendary reputation as a party mile and as “Nakedonien” by celebrities. From the radio and television, via Internet or oral propaganda.

Thanks to this celebrity bonus and the presence of the media this beach has got a special feature: It managed to get ranked among the ten most popular naturist beach areas around the globe, elected by a survey of the travel website lastminute.de – and this, although the west coast of Sylt is at least 40 kilometres long and about every third beach section has a designated naturist zone.

Are the celebrities getting out of the way of the gawkers?

But what is actually the situation with the (unclothed) celebrities? After a walk at the beach during daytime I often already entered the bar “Buhne 16”, for a drink, a quick snack or for a glass of wine during sunset. I do not recognize B-celebrities, I did not meet any A-celebrity, perhaps they moved to the “Sansibar” near Rantum or they avoid gawkers.

After all, one can learn from the “Sylter Rundschau” who is on the island during the main season. Minister of Finance Wolfgang Schäuble, for example, can be photographed in a holiday sweater during concert visits. Günther Jauch, also dressed, once had taken a bicycle of one of my sons’ girlfriend up the beach stairs, which for years brought him some pluses among the youth.

There was more glamour and more skin to be seen

during the 1950’ and 1960’, when starlets, models, groupies, paparazzi and scandal hunters populated the beach - Beate Uhse, Oswald Kolle, David Hamilton, Berthold Beitz, Gunter Sachs (by the way he never was completely nude), Brigitte Bardot, and all the others names.

Romy Schneider’s sarcastic comment “There is a naked bum in every wake” indeed was very often true. Where the famous actress probably had no opportunity to watch the volleyball players in their typical beach sports dress (at the top a T-shirt and a bald cap, at the bottom nothing) during their jumps at the net. After her first trial trip she never came back again to the island.

The poker faces at the naturist beach

In 1974 the journalist and cabaret artist Martin Morlock (1918-1983), author of the news magazine “Der Spiegel”, worked in his article “It is not enough to pull off the swimsuit” on the question of the “moral impartiality” of the naturist fans, where his conclusion was that on naturist sites all over in the world, not only at Sylt, there is a lot of hypocrisy. For the purpose of his research he rented a beach chair at the Buhne 16 to observe his objects.

He was most impressed by the poker faces of the people at the naturist beach of Kampen, taking their undressed bodies along the beach, as if they were at one of Hamburg’s shopping areas and would watch each other at a seemingly indifferent way, as if they were looking at “ a shop window full of office furniture”. Till date this behaviour has not changed very much. Also, this self-evidence people celebrate nudity with at Sylt, still is unchanged.

Swimming in the breakers, sunbathing nude in the beach chair, playing volleyball – July, August, September are the best months for travelling. The North Sea warms up to 16 – 20 degrees Celsius, the average air temperature reaches 20 degrees.

There are nine public beach sections for the naturist on the island, where apparently there are no rigid boundaries, what can be seen with all the naked or sparsely dressed walkers, walking (sometimes topless, sometimes ‘bottomless’, sometimes totally nude), along the west beach, lively chatting.

Six out of the naturist beach sections – namely at List, Kampen, Rantum and Hörnum – are also dog friendly, so that ‘master and lady’ and Bello can swim, sunbath and stroll along all together. A Setter or another noble breed dog chases with flying ears around many a walking couple, sometimes also a short-legged Basset or a strongly puffing pug disdainfully trots behind.

The origin of Sylt as Dorado of naturism

However, nude swimming has not been invented at Buhne 16 in Kampen and historically lacks any kind of lewdness. Even when the seaside resort Kampen (since 1984 with a Kurhaus, but without any beach facilities like in Westerland and Wenningstedt), did not exude "anything of the restlessness of a world bath", "all the visitors, whereof 350 came in 1910 and 1500 in 1925, strongly praised the beneficial effect of the bathing in Kampen", as the travel guide author Christian Jensen noted in 1927.

Already in the early 1860' of the health resort in Westerland the doctor of the resort at those days, Dr. Jenner, recommended "swimming without any clothes under all circumstances", however at those days carts were drawn into the water, where the ladies and gentleman, then invisible, could glide into the sea, in addition on beaches separated by gender.

In the background was the realization that the stimulating climate of the North Sea was very healthy. This stimulating climate is a mix of saline air, mineral-containing spray of the seawater (like aerosol) and UV rays of the sun as supplier of Vitamin D and wind.

Especially the western wind takes the role of a barkeeper mixing the cocktail: the sun warms the body, the wind cools it down, one starts shivering – and begins a small run over the beach to warm up. A very effective cardiovascular exercise. It was

this medically justified thought that founded the germ for the later reputation of Sylt as the Dorado for naturism.

The older you are, the more unbridled you are when being naked

Interestingly, the limits of shame regarding nude swimming and sunbathing, are distributed differently over the generations. Most children as of school age, teenagers and twens prefer to show chic shorts and sexy bikinis, than to practice naturism. Obviously the fun of naturism is a question of maturity.

The older you are, the more unbridled you are when being naked. One does not enter a Finnish or Roman sauna wearing a swimsuit (at least not in Germany, it is different in France, in south-European and in Islamic countries, where towels and gender segregation are common).

At Sylt people indifferently walk along the wash margins of all the beach sections, and nobody cares, in Adam's and Eve's suit, perhaps equipped with a hat, a scarf, a pullover as windbreaker for the neck and loins just above the intergluteal cleft. And when, surprisingly, an Adam, shrieking of joy, or a jubilant Eve runs out of the dunes and jumps into the breakers, then it is not about a rebirth of the North Frisian God of the Sea Ekke Nekkepenn or his wife Ran, but about sweating visitors of one of the five beach saunas at Sylt, who in this way indulge into nude swimming, even during cloudy and rainy weather and without shivering.



Some of them jump into the cold sea, even during wintertime

Hard-boiled Sylt fans enjoy cold tides during winter. Whoever jumps into the sea, at icy winds, bitter cold weather and a water temperature of less than six degrees and under the howling of a thickly muffled crowd, deserves respect.

During the Christmas Swim at the Sylt in front of the Promenade of Westerland and the New Year's Swim and the main beach of Wenningstedt 100 up to 150 people each time throw themselves, all naked, in swimsuit or bikini, into the sea, often disguised as Viking, Santa Claus or in a combi-look (red pointed cap and in Adam's suit). A few of them posture themselves, without swimming, to the photographers.

Yet, the ritual to start, trembling wet, the swim season on New Year's Day was not invented at Sylt. The fun of the cold wet established itself, coming from the Netherlands to the entire German-Frisian coast from Borkum to Sylt, as a fix event in the calendar.

The swim in the light dress is part of the international naturist movement of the early 20th century, an expression of a "natural" life style, which has nothing to do with exhibitionism, eroticism and sexuality per se. Already in Prussia, around the year 1900, German advocates of undressed hiking and swimming spoke out. Besides various different ideological forms of naturism there was and there is a quasi-liberal centre of those people who feel comfortable when giving themselves into nature and above all to swimming, whilst being all nude.

The stimulating climate turns Sylt into an island for the blissful naturists

With its recognised healthy stimulating climate Sylt presents itself particularly as the island for the blissful naturists. And so it is not surprising that the doctor Knud Ahlborn (188-1977), born in Hamburg, later on practicing in Kampen, who had founded a "Freideutsches Jugendlager" (Free German Youth camp) in the former marine base Klappholtal in Listland, propagated the "light sports". His ideas were related to the hiking- and youth-movement.

Already in 1903 Ferdinand Avenarius (1856-1923), editor of the very successful culture magazine "Kunstwart" at those times, had foreseen a depression for a copper bathtub on the roof of his eye-catching house in Kampen "Uhlenkamp", designed in Frisian-Swiss style, (demolished in 1968), where he could devote himself to the sun and the light, naked and without any observers.

As a pioneer of naturism and teetotaller Avenarius represented the unity of body, mind and soul. He was spared of the bitter experience that the National Socialists politically abused many ideas of the youth movements for their inhumane goals; he died in 1923.

There are rules at the most beautiful naturist beach at the North Sea

Without Avenarius Kampen's flair of the artistically inspiring island of the blissful would have been more modest. He created rooms and workshops in the neighbourhood of his house for artists in order to enable them to creatively work. After the artists came their patrons, gallery owners as well as publishers, writers and musicians from all over Germany.

At the same time Avenarius spoke up for the landscape protection and demanded that Kampen be given the status of a health resort. This way the small island village, where nature-loving writers and artist fulfilled themselves, turned into one of those holiday-hotspots, with 1200 beds, about 350.000 overnight stays per year - and the most beautiful naturist beach of the North Sea coast.

By the way, there are very clear rules. "We are naked and we call ourselves by first names!" In 1998 a nude lady in the mid-nineties from Bremen trumpeted this classical naturist behaviour codes into my ear and rudely waked me up from my nap at the beach, in which I inadvertently had fallen, still wearing in my swimsuit.

A proof that since generations the nudity of people belongs to the most important principles of the German reforming movement of life, as expression of a natural body feeling, lacking any kind of dress code and social restraints. More than 100 years later, in a new millennium, these ideals have happily been deposited as trace elements among the bon-vivant of undressed light - sea-swimming at the beaches of Sylt.

The text is based on a chapter of the recently published book "Sylt. Breathing. Resting" by Andrea Reidt, Editor Gmeiner Verlag Kultur, 190 pages, 15,99 Euros.

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